

ZAHRA AGHAEI

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PROFESSIONAL SUMMARY

A highly dedicated and versatile artist and instructor with advanced, internationally recognized training in classical ballet, gymnastics, and a unique specialization in traditional Iranian dance and Belly Dance. Possesses a proven ability to teach and inspire a wide range of students, including both children and adults, across a diverse curriculum of ballet, gymnastics, and cultural dance. Eager to bring a rich blend of artistic passion, cultural depth, and pedagogical excellence to a high-class, internationally recognized dance studio.

CORE COMPETENCIES

- **Classical Ballet Technique:** Pointe Work, Variations, Pas de Deux, Adagio
- **Dance Instruction & Pedagogy:** Curriculum Design, Skill Progression, Group & Private Coaching
- **Flexibility & Gymnastics:** Acrobatic Skills, Flexibility Training, Adult Conditioning
- **Choreography & Staging:** Solo & Ensemble Pieces, Production Assistance, Artistic Direction
- **Cultural Dance Forms:** Traditional Iranian Dance, Belly Dance Performance & Instruction
- **Mentorship:** Fostering Confidence, Discipline, and Artistic Expression in Students
- **Performance Artistry:** Stage Presence, Musicality, Character Interpretation

PROFESSIONAL EXPERIENCE

Ballet & Gymnastics Coach | Multiple Studios, Tehran, Iran | 2022 – Present *Engagements include: Tammex, Happy Kindergarten, Kido Studio, and Stilla Gym*

- Lead group classes in ballet, gymnastics, and flexibility for a diverse client base of children and adults.
- Introduce foundational concepts of movement and rhythm to preschool-aged children in a fun, safe, and engaging learning environment.
- Develop curricula to help students achieve their fitness and artistic goals, focusing on technique and skill progression.
- Choreograph routines for student performances and showcases.

Volunteer Dance Teacher | Private Home Studio, Tehran, Iran | 2020 – Present

- Provide intensive, one-on-one ballet and gymnastics coaching to dedicated students, tailoring lessons to individual progress for advanced training.
- Offer complimentary, high-quality training to students from low-income backgrounds, ensuring access to dance education.
- Develop customized training plans for both children and adults.

CERTIFICATIONS & PROFESSIONAL DEVELOPMENT

- **Advanced Ballet Workshop, Level 4**
 - *L'Avenir International Art Academy, Georgia* | August 2025
- **Ballet Coach Training, Grade 3**
 - *L'Avenir International Art Academy, Georgia* | August 2025
- **Ballet Masterclass (3 Hours)**
 - *L'Avenir International Art Academy, Georgia* | August 2025
- **Ballet Coaching (50 Hours)**
 - *Tehran, Iran* | December 2020

PERFORMANCE & CHOREOGRAPHY HIGHLIGHTS

- **"You" (Seven-Part Short Film)** | Role: Choreographer, Actress & Lead Solo Dancer
 - *Tehran, Iran* | 2020
 - *Choreographed intricate, multi-part sequences for an ensemble of seven dancers and performed the principal solo role as the "Queen" in the final part.*
- **"Love and Hate" (Pina Bausch-style Expressionist Piece)** | Role: Choreographer, Dancer & Actress
 - *Tehran, Iran* | August 2019
- **"Maratoon" (Three-Part Theatrical Solo Performance)** | Role: Choreographer & Solo Dancer
 - *Tehran, Iran* | January 2018
- **Cultural Dance Showcases** | Role: Performer & Choreographer
 - *Presented in multiple traditional Iranian and Belly Dance pieces from 2020 - Present.*

(Note: A detailed portfolio of performance videos is available upon request)

LANGUAGES

- **Persian:** Native
- **English:** Professional Working Proficiency